

It is time to do something about Stigma in Children's Mental Health:

79% of those youth who need services do not seek services because of STIGMA

February 26th – 27th, 2010

Let us put our minds together and see what we can do for our children

A few keynote speakers:

*Bernice A Pescosolido – Research Expert on Stigma*** Mark Katz – Bullying Prevention Expert*

Bernice A. Pescosolido,

is Distinguished and Chancellor's Professor of Sociology at Indiana University and Director of the Indiana Consortium for Mental Health Services Research. Professor Pescosolido received a B.A. from the University of Rhode Island in 1974 and a Ph.D. from Yale University in 1982. She has focused her research and teaching on social issues in health, illness, and healing. Pescosolido's research agenda addresses how social networks connect individuals to their communities and to institutional structures, providing the "wires" through which people's attitudes and actions are influenced. This agenda encompasses three basic areas: health care services, stigma, and suicide research.

In the area of stigma research, Pescosolido initiated the first major, national study of stigma of mental illness in the U.S. in over 40 years; and recently completed a series of papers based on the **National Stigma Study- Children; in addition the first national study of stigma towards children with mental health problems**. She is also leading a team of researchers in the first international study of stigma.



Mark Katz, Ph.D.

is a clinical and consulting psychologist in San Diego, California, and author of the book *On Playing a Poor Hand Well*. Mark explores the lessons learned from those who've overcome adverse childhood experiences, and discusses ways of incorporating these lessons into our existing system of care. Mark is the recipient of the *1998 Rosenberry Award*, a national award given yearly by Children's Hospital in Denver, Colorado, in recognition of an individual's contribution to the field of Behavioral science. For the past 21 years, Mark has served as the Director of *Learning Development Services*, an educational, psychological and neuropsychological center in San Diego, California. The center provides an array of services, resources and trainings to people of all ages. The center is also home to the *Resilience Through the Lifespan Project*, a project dedicated to understanding the different ways in which people have been able to carve out meaningful and productive lives for themselves, despite having endured a range of adverse childhood experiences. From 2001 to 2004 Mark served as a member of the *National Professional Advisory Board of CH.A.D.D.* (Children and Adults with Attention Deficit Disorder). Most recently, Mark has worked with colleagues from around the country on a federally sponsored multi-year media campaign designed to increase public awareness of bullying and other forms of school violence. The campaign is also designed to increase public awareness of research validated prevention programs and practices that schools can incorporate in order to prevent and reduce bullying in particular, and other forms of hurtful and violent behavior in general. He also writes an ongoing column for *Attention Magazine* on innovative programs from around the U.S.

Studies show that stigma is one of the greatest barriers for children and youth with mental health needs and their families seeking help

Stigma and Disparities in Children's Mental Health:



**One in five children has a mental disorder.
Look around, in a class of 40 that's EIGHT
Classmates.**



"Children with depression or ADHD and their parents not only face the challenge of an illness, but may confront the stigma that accompanies treatment and social rejection"

Register Today
Phone: 619-546-5852

Fax: **619-546-6251**

Mail the attached registration to:
FYRT
345 15th Street Suite A
San Diego, CA 92101

*Conference Location
San Diego Hilton Resort.*



**Family & Youth Roundtable Reserved Hotel
Rooms at the rate of \$147.00 per night.**

**Let us put our minds together and see
what we can do for our children**

*We will learn about new efforts to diminish
the barriers of stigma and disparities*

*Together we will become **champions** in
order to shift societal culture from one that
inhibits.*

*To a culture where all children thrive and
are made to feel good, like **every** child
should.*

Become a champion for your community



Join us February 26th and 27th
Register today for the conference
call (619) 546-5852
for more information

**Register today for this opportunity to learn about new efforts you can bring home to
your community to diminish the barriers of stigma and disparities.**

Stigma and Disparities in Children's Mental Health:



Conference Location

San Diego Hilton Resort and Spa
San Diego, California

Surrounded by over 4,600 acres of pristine beaches and secluded islands, the resort is situated in Mission Bay Park, an aquatic preserve and natural paradise. We are located 10 minutes from the International Airport (SAN) and central to all of San Diego's exciting attractions including SeaWorld, the world famous San Diego Zoo, Old Town, downtown's Gaslamp District, Balboa Park, Golf, Marina Village Shoppes and more...

- ★ As a 4 Diamond Resort on Mission Bay attendees will receive the highest levels of uncompromising and personalized service while enjoying the setting of a waterfront resort. Our associates also show their dedication with the tenure of their service – the average associate is with us for 7 years!
- ★ 357 Contemporary and Mediterranean styled guest rooms awaits while offering garden and waterfront views. Every room also has a patio or a balcony to enjoy!
- ★ Essence – the Spa on Mission Bay is our newest jewel to the crown offering royal treatments mixed with Indonesian and Thai rituals.
- ★ **Our Executive Chef Hermann Schaefer was recently awarded the top chef in all of Southern California creating exquisite California Coastal cuisine.**
- ★ Unique and exciting choice of outdoor Food & Beverage venues. Our setting allows for the luxury of hosting meal functions that accentuate the true San Diego experience...

The San Diego Hilton Resort and Spa grants us a relaxed learning environment, where we will learn about new efforts we can take home and begin to remove the barriers of stigma and disparities in Children's Mental Health in our communities.

**Register before February 10, 2010
to be eligible for a spa treatment at
the Hilton Resort and Spa**

*Reserve your room
Call 1-800-HILTONS
Mention Family & Youth
Roundtable Conference to reserve
your rooms at the special rate of
\$147.00 per night.*

*In so many schools, kids
with social, emotional,
and behavioral
challenges are still poorly
understood and treated in
a way that is completely
at odds with what is now
known about how they
came to be challenging in
the first place. Dr Ross Greene*



Children's Mental Health is about everyone!
Stigma is one of the greatest barriers for families and youth seeking help. We must work together to overcome this barrier. *Schools, Health agencies, Social Service agencies, Pediatricians, Faith Community, Media, Bus Drivers, Librarians, Employers, ... and YOU*

Together we can become **champions** in order to shift to a culture where all children thrive and are made to feel good, like every child should.

**If we don't champion this cause
1 in 5 children may be lost**

Stigma and Disparities in Children's Mental Health:

Let's learn together effective ways to diminish the barriers of stigma and disparities

Registration \$300.00 –

Registration includes: full breakfast, lunch, both days and reception and dinner on opening day

**The first 200 people registered
will be eligible to win a spa treatment**

Family & Youth Roundtable Reserved Hotel Rooms at the GSA Rate of \$147.00 per night. *This rate will include access to in room internet services and access to the Hilton San Diego Resort Spa fitness room. The Hilton will honor this rate for 3 day prior to and 3 days after the conference.*

**Become a champion in your community
register today**



**Mail Registrations to:
Family & Youth Roundtable
345 15th Street, Suite A
San Diego, CA 92101
Telephone: 619-546-5852
Fax: 619-546-6251
www.fyrt.org**

If registration is for more than one person please attach list of names for your organization and identify any special requests each person may have.

Registration:

Name: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

E-Mail: _____

Special Requests:

Enclose 300.00 for each registration

Amount of Registrations _____ Check # _____
Make Checks payable to: Family & Youth Roundtable
If you require the tax id please call us at 619-546-5852